



May 2026 Jason Kemp, Principal | Chris Falk, Vice Principal | Andrea Spedding, Vice Principal | <https://stitos.sd33.bc.ca>

Year – Yiolem / Season (Spring) – Temqw’iles (tem kwi less) / Month (Moon) – Tem’elile (tem uhh lee laa)

Around May is salmonberry time, when the first berries come out. Elile is the word for salmon berry.

They are indicators for 6 or 7 months of berry picking time as well as a signal to the start of the salmon run in the Fraser River.

Message from the Admin Team...

May is always a busy and exciting time around our school, and this year is no exception! Our classrooms and hallways are full of energy as students take part in a wide variety of learning experiences. A big thank you to our incredible staff for creating so many rich opportunities both inside and outside the classroom – it’s wonderful to see our students so engaged and enthusiastic. As we begin planning for next year, we are excited to share that we will be offering 23 middle school classes and 15 elementary classes in the fall. We are also in the process of welcoming new staff members to our team and look forward to the new energy and ideas they will bring to our school community.

We would also like to share a few staffing updates. We are excited for Chris Falk, who has been appointed as the new Principal of A.D. Rundle Middle School. Beginning May 1, Brent Pinckney will be joining us as Vice Principal from A.D. Rundle. This transition will provide Chris with valuable time to connect with his new school community ahead of next year. We are grateful for the leadership Chris brought to our school and will truly miss his calm, kind presence within our school community. In addition, Katie Julseth-White will be moving to Watson Elementary School as Vice Principal starting next school year. We are grateful for Katie’s contributions to our school and wish her all the best in her new role.

We were honoured to recently participate in a meaningful day of learning connected to the Moose Hide Campaign. While the official day of recognition takes place on May 12th, our school had the privilege of welcoming co-founder Paul Lacerte on April 14th. Students and staff engaged in a full day of learning that included opportunities to deepen our understanding and witness Coast Salish dancing. It was a powerful and memorable experience for our entire school community.

With many outdoor activities planned this month, we kindly remind families to ensure students are dressed for the ever-changing spring weather. Layers, proper footwear, and rain jackets are always a good idea – we know May can bring a bit of everything!

Thank you, as always, for your continued support. We are looking forward to a fun, active, and memorable final stretch of the school year.

Nut-Aware School

Our school is a **nut-aware school**, and we kindly ask all parents and students to help us keep everyone safe. There are individuals in our building who are **anaphylactic**, meaning exposure to nuts can cause serious allergic reactions. While we are **not nut-free**, we rely on shared awareness and thoughtful choices to reduce risks, and some classrooms must be nut-free.

Please be mindful to:

- Make informed choices about the foods you send and clearly label items that may contain nuts;
- Remind students not to share food with others;
- Students in or near nut-free classrooms are encouraged to hand-wash, drink water, and surface clean after eating in class.

Thank you for your care and cooperation in supporting the well-being our school community.

Important Dates to Remember	
May 4 th – 8 th	Mental Health Week
May 5 th	MMIWG2S+ Take Action Day – Wear Red
May 8 th	Terry Fox Day
May 15 th	Non Instructional Day – No School for Students!
May 18 th	Victoria Day (Stat Holiday)
May 26 th – 28 th	Accessibility Awareness Week
May 27 th	Grade 5 Parent Night @ 6:30 pm
May 28 th	PAC Meeting @ 6:30 pm
May 29 th	Assessment & Evaluation Day – No School for Students!
June 2 nd	Indigenous Coastal Jam (In Lieu of National Indigenous People Day June 21 st)
June 17 th	Band Concert
June 25 th	Last Day of School – Early Dismissal @ 11:31 am

Terry Fox Run

We are excited to announce that our annual **Terry Fox Run** will take place on **Friday, May 8th**. Over the next few weeks, students will be participating in lessons and activities to learn about Terry Fox and his inspirational **Marathon of Hope**.

To support our school run and raise funds for the **Terry Fox Foundation**, we are excited to introduce **two school-wide challenges** for our students.

♥ Toonies for Terry

During the Marathon of Hope, Terry Fox asked for a donation of **\$1 from every Canadian** to support cancer research. This year, we are launching **“Toonies for Terry,”** with a goal of having every student bring in a toonie (or more) as a donation.

From **April 27th to May 8th**, students may bring their donations to their classroom teacher. Each student who donates will receive a paper “toonies” to add to our large donation jars displayed in the grand hall. This friendly competition will take place between our elementary and middle school students. Our overall school fundraising goal this year is **\$2,000**.

🏃 Finish It Challenge

This year’s theme from the Terry Fox Foundation is **“Finish It.”** Terry Fox ran over 5,000 kilometers before he had to stop, with an estimated **2,600 kilometers remaining** from Thunder Bay, ON to Vancouver, BC.

From April 27th to May 7th, students will walk and run our Terry Fox course as we work together to see if we can collectively complete the remaining **2,600 kilometers** as a school. This will be a fun challenge between **primary, intermediate, Grade 6, Grade 7, and Grade 8 classes** to see which group can cover the greatest distance over the two-week period. Progress will be tracked on a distance chart posted in the grand hall.

We are looking forward to all of our Terry Fox lessons, activities, and events – and most of all, seeing our students give their best effort during our school run on **May 8th**!



Counsellors' Corner

May 1 @ 8:30 am Counsellors' Cafe: Parents and Caregivers are invited to pop in for a coffee with our counsellors and discuss this month's topic: *Building Self-Esteem*. If you can't make it and want to access this Open Parachute resource, click here: [Building Self-Esteem](#)

Mental Health Week at Stito:s is May 4-8! This is an annual event at our school planned by our student leadership group called **The Green Crew!** Check out the flyer attached in this newsletter for all the events and how your family can get involved!

May 7 is Child and Youth Mental Health Day in Canada! We are partnering with [NoSo Connection Collective](#), a **youth-led nonprofit** helping students build **healthier relationships with technology**. NoSo empowers youth with the tools & knowledge to build a healthier tech-life balance through their detox challenge, school keynotes, & wellness events. As a family, consider **joining the [detox challenge](#), [reflect together on technology habits](#), and explore [offline activities](#)**. Learn more and check out these [free resources](#) together.

May 7 @ 6:30 pm: FamilySmart is hosting a heartfelt online conversation with Katie DeReus, a registered clinical counsellor, and an elementary school counsellor. She'll be talking about children under 12 who are going through deep emotional pain. Katie will share messages of hope, helping us understand why our little ones sometimes feel so much distress, and how meaningful connection can help them feel safe and supported. To read more and [register](#).

May 13 @ 6:30: Establishing Safe, Caring, & Respectful Digital Communities ERASE BC has a zoom session recommended for parents/caregivers/grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sexortion. To learn more and register at home: [Family Session](#)

Last month, we had a wonderful turn out for our ERASE BC session, Establishing Family Practices for Safeguarding Against Cyberbullying and Sextortion. **Special thanks to our community partners** who provided giveaways and door prizes to our students: *PCRS, FamilySmart, CYHC, The Owl and The Cat Bookery, Sardis Pizza, and Sticky's Garrison!* If you missed the session and would like to watch from home, there is another showing on **June 10**. Click here to learn [more](#).

Last session of

POPCORN DAYS



April 15th Wednesday
April 29th Wednesday
May 13th Wednesday
May 27th Wednesday

**FOR ALL STUDENTS
FUNDRAISER**

www.munchalunch.com

Order now for the rest of the year!!!

Learning Commons May Newsletter Link:
<https://app.smore.com/n/ty4nc>

Early Pick-Up Procedures

If you need to pick up your child early, please enter the information in the SafeArrival app first thing in the morning. This allows the office to notify the classroom teacher in advance. Many classes spend time outdoors or in the community, so students may not always be in their classrooms for unscheduled pick-ups.

All students (K-8) who are leaving early must be picked up and signed out at the office – even if the school has been notified through SafeArrival.

Signing out at the office helps ensure your child is released to an authorized adult and allows us to maintain accurate attendance records, which is especially important during emergencies. Whether your child is leaving for an appointment, illness, or family matter, this process confirms parental consent and help us know who is in the building at all times.

To minimize disruptions during instructional time, we avoid interrupting classrooms whenever possible. Learning time is important! If you have a message for your child during class time, please leave it with the office and your child will be paged at the next break.

Stitó:s PAC

Did you know that you are a member of the PAC? All parents are members of our PAC and encouraged to attend the PAC meeting. PAC meetings provide parents with information about our school, a chance to ask questions or raise concerns and a chance to become involved with our school. The next PAC meeting will be **Thursday, May 28th at 6:30 pm.**

■ Stitó:s Mental Health Week (May 4–8)

Theme: Mind & Body

■ Monday, May 4 – “May the Force Be With You!”

We're kicking off the week by thinking about the force within us—the things that help us feel strong, calm, and connected.

- 1 Add your voice to our giant school banner at lunch
- 2 Star Wars costumes encouraged!

■ Tuesday, May 5 – Red Dress Day

Wear RED as we honour and remember Missing and Murdered Indigenous Women, Girls, and Two-Spirit people (MMIWG2S).

- 1 Story walk along the river: “Together We Drum, Our Hearts Beat as One”
- 2 Whole-school art activity to honour and remember
- 3 A day to reflect on kindness, respect, and caring for one another

■ Wednesday, May 6 – Wellness Wednesday

Let's move our bodies and boost our brains with lunchtime activities

- 1 Yoga with The Valley Bee (all grades)
- 2 Grades 6–8: Kindness colouring, air-dry clay diffuser, and more (limited spots—sign up early!)
- 3 Grades K–5: Outdoor chalk art

■ Thursday, May 7 – Child & Youth Mental Health Day

Wear GREEN to show your support!

- 1 Middle School Presentation (8:45 am) with NoSo Connection Collective
- 2 Drop Everything And Read at 10:00-10:20 am (whole school)
- 3 Lunch activities: planting pots, mental health selfies, Just Dance

■ Friday, May 8 – Terry Fox Run: “Finish It”

We celebrate physical health and community spirit!

- 1 Our goal: Complete the Marathon of Hope (7,973 km) together as a school

■ Together, let's build a strong, healthy, and connected school community.



STITÓ:S OFFICIAL WATER BOTTLE

BLUE = COLD

May Sale Days \$6

CHANGES COLOUR WITH COLD DRINKS

AVAILABLE ONLINE WITH QUICKPAY



Days in Session	183
Number of Instructional Days	173
Number of Non-Instructional Days	10
Schools Open	September 8
Truth and Reconciliation Day – Statutory Holiday	September 30
NON-INSTRUCTIONAL DAY #1 (School Based Pro-D Day)	October 9
Thanksgiving Day - Statutory Holiday	October 12
Early Dismissal Day #1	October 22
NON-INSTRUCTIONAL DAY #2 (Pro-D Day)	October 23 (Provincial)
NON-INSTRUCTIONAL DAY #3 (A&E Day #1)	November 6
Remembrance Day - Statutory Holiday	November 11
NON-INSTRUCTIONAL DAY #4 (Pro-D Day)	November 27
Last Day of School before Christmas Holidays	December 18
Christmas Holidays	December 21 to January 1
Schools Reopens after Christmas Holidays	January 4
NON-INSTRUCTIONAL DAY #5 (A&E Day #2)	January 22
NON-INSTRUCTIONAL DAY #6 (Pro-D Day)	February 12
Family Day - Statutory Holiday	February 15
Early Dismissal Day #2	February 26
Last Day of School before Spring Vacation	March 12
Spring Vacation Period	March 15 to March 26
Good Friday - Statutory Holiday	March 26
Easter Monday - Holiday	March 29
Schools Reopens after Spring Vacation	March 30
NON-INSTRUCTIONAL DAY #7 (Pro-D Day)	April 30 (CTA)
NON-INSTRUCTIONAL DAY #8 (A&E Day #3)	May 14
NON-INSTRUCTIONAL DAY #9 (Pro-D Day)	May 21
Victoria Day - Statutory Holiday	May 24
Last Day for Students / Early Dismissal #3	June 24
Administrative Day	June 25

REGISTER ONLINE

sd33.bc.ca/summer-learning-2026

Opens: April 7, 2026

Attendance

Students are expected to attend every day, arrive on time, and be prepared to work and participate fully throughout their Summer Learning class or program.

Planned or extended absences cannot be accommodated for any reason, including but not limited to work, vacations, sporting events, games/practices, family commitments, or festivals.

Students who miss the first week of classes will be automatically withdrawn from their course(s).

Please do not register your child unless you are committed to daily attendance. A student who enrolls but is consistently absent takes the place of another student who would have fully engaged in the course.

Transportation



A district bussing option will be available to families with bussing hubs at the following locations: GW Graham Secondary School and Vedder Middle School. Interested families can register for bussing on the Summer Learning Registration Form.

Bussing will **ONLY** be provided for Summer Learning Programs taking place at Chilliwack Secondary School.

Bussing will **NOT** be provided to any other program location including Sardis Secondary Farm, Skwah First Nation, Tzeachten Sports Field and North & South Side Parks.

Cost

- \$ 0.00 School-aged residents of BC
- \$ 450.00 Non-residents of BC & International Students (2 week course)
- \$ 900.00 Non-residents of BC & International Students (4 week course)

Learning Support

If your child has an Individual Education Plan (IEP) or receives support from an Education Assistant in class, please contact your school principal or Michelle Reilly, Coordinator of Alternative Education (michelle_reilly@sd33.bc.ca) before registration to discuss any specific concerns.

Registration Information

Registration: In District (current SD33) Students

Complete Online Registration
sd33.bc.ca/summer-learning-2026

Registration: Out of District (Independent or homeschool) Students

Complete Online Registration
sd33.bc.ca/summer-learning-2026
Email the following to joan_simpson@sd33.bc.ca

- Proof of Residency
- Student Identification

Registration Deadlines

Elementary/Middle School Summer Learning
Registration Opens: April 7, 2026
Registration Closes: June 1, 2026

Secondary Summer Session
Registration Opens: April 7, 2026
Registration Closes: End of June

****Out of District Students & International Students**
Registration Closes: June 19, 2026

Registration "Dos" and "Do Not's"

- DO** - Contact us if you would like to make a change to your child's registration
- Do NOT** - Submit multiple registrations for your child
- DO** - Contact us if your child is no longer able to attend the course they were registered for
- Do NOT** - Select a course your child is not eligible for

REGISTER EARLY!
Classes fill quickly and registration is accepted on a first come first serve basis.

Session Dates, Times & Locations

Elementary/Middle School Program

Students in Grades 1-9 for the 2026-27 school year.
July 6 to July 17, 2026
8:30am - 12:30pm
Chilliwack Secondary School Campus
46363 Yale Road, Chilliwack

Secondary Summer Session

Students in Grades 10-12 for the 2026-27 school year.
July 6 to July 31, 2026*
8:30am - 12:30pm
Chilliwack Secondary School Campus
46363 Yale Road, Chilliwack
**Students registered in Secondary Repair Courses may complete early.*

Agriculture Program*

- **Elementary Agriculture Program**
Students in Grades 3-5 for the 2026-27 school year.
- **Middle Agriculture Program**
Students in Grades 6-8 for the 2026-27 school year.
- **Secondary Agriculture Program**
Students in Grades 9-12 for the 2026-27 school year.

Sardis Secondary Farm
7175 Richardson Avenue, Chilliwack

**More detailed information in the Course Guide.*

Indigenous Summer Learning Program

Students in Grades 1-8 for the 2026-27 school year.
July 6 to July 17, 2026
8:30am - 12:30pm
North Side Cohort: Sqwa (Skwah) First Nation
South Side Cohort: Tzeachten Sports Field

Questions? Who to Contact?

Questions about courses, supports for your child, special requests, or other?

Contact: Michelle Reilly
michelle_reilly@sd33.bc.ca

Questions about the registration process, documentation, fees or to make a change to your child's registration?

Contact Joan Simpson
joan_simpson@sd33.bc.ca

CONTACT US



Phone Number:
604-701-4972



Website:
sd33.bc.ca/summer-learning-2026



summer_learning@sd33.bc.ca



AGM

PAC MEETING

YOUR VOICE. YOUR SCHOOL. YOUR COMMUNITY.



THURSDAY,
MAY 28TH



6:30 PM



FOODS ROOM
5337 TYSON ROAD

The **PAC (Parent Advisory Council)** represents parents at Stitō:s and works in partnership with the school to support student success and well-being.

The **AGM (Annual General Meeting)** is the official yearly meeting where elections are held, budgets are reviewed, and plans are set for the coming year.



WHY IT MATTERS

PAC funding directly supports:

- ✓ School programs
- ✓ Equipment
- ✓ Events
- ✓ Field trips



WHY YOUR ATTENDANCE MATTERS

- As a parent or guardian, you are **automatically a PAC member** — no sign-up required.
- Attending means you have a **vote and a voice** in decisions that directly affect your child's school experience.
- Even **showing up** is making a difference.



HOW TO GET INVOLVED

- You don't have to take on a big role — **even attending counts!**
- Volunteer opportunities range from sitting on the executive to helping at one event per year.
- New members and fresh ideas are always welcome!

Everyone can make a difference!



ELECTION OF THE EXECUTIVE

CHAIR | VICE-CHAIR | TREASURER | SECRETARY

THESE ARE OPEN POSITIONS — ANYONE CAN FILL!

⇒ *Step up. Get involved. Make an impact.* ⇐




QUESTIONS OR WANT MORE INFORMATION?

Please contact us at:
slt-pac@sd33.bc.ca



MAKE A DIFFERENCE. **MAKE IT MATTER.** MAKE EVERY YEAR COUNT.

CHILLIWACK FIELD HOCKEY



SESSION DATES

MAY 4, 11, 19 & 25
JUNE 1, 8, 15 & 22

3:30 - 5:00 PM

AT TOWNSEND TURF A

\$35 PER PERSON

U7 to U18, All Inclusive.
 Email: chwkpinkpanthers@gmail.com to register

YOUTH RUGBY!



SPRING 2026

YOUTH RUGBY INTRODUCES CHILDREN AGED 5-14 TO THE SPORT THROUGH FLAG/TAG PLAY, EMPHASIZING SKILL DEVELOPMENT, TEAMWORK, AND INCLUSIVITY.

WHEN: WEDNESDAYS 5.30-6.30 PM

GAMES ON SUNDAYS

WHERE: SARDIS SECONDARY RUGBY FIELD

REGISTER: EMAIL US FOR MORE INFORMATION
 CHILLIWACKRFC@GMAIL.COM



TRAIN HARD. PLAY SMART. JOIN THE TEAM.




2026 SONG WRITING COMPETITION

Celebrating community talent, fostering youth!

Do you have a passion for music and enjoy writing and/or performing your songs?

Do you want the chance of winning

- 1st place— \$500
- 2nd place—\$300
- 3rd place—\$200

If the answer is YES - this competition is for all you budding songwriters!

You are in grades 7 to 12 and under 18 years of age.

Scan the QR Code below for more details

(go to the EVENTS page on the website)



Questions?
 Contact Fred Webber
 604.314.2787

Or Contact:
 Glenda Standeven
 604.997.5787

BE PART OF SHAPING THE NEW FOUNDRY CHILLIWACK

We want to hear from YOU!!

We want to hear from YOU about what is important as we design and shape our community Foundry. Foundry is a place where youth (and the families and individuals who care for them) can find different kinds of health care and community programming - in one place. Its free, its confidential, and the services that you will find there will be linked and coordinated. We look forward to hearing your input!!

https://foundrybc.ca/1.qualtrics.com/jfe/form/SV_8wWMDzPz3XXfvcw



THIS SURVEY IS FOR:

- Youth
- Families & Caregivers
- Providers (eg: Teachers, Family Physicians, Care-workers...)

Have any questions?
 Please email us:

foundry.chilliwack@fraserhealth.ca

FOUNDRY



2027 Spring Break Trip

A TASTE OF ITALY

WHAT TO EXPECT:

- Students will explore areas such as Milan, Bologna, Parma, Florence, Rome, Vatican City, and Pompeii
- Students will participate in several food-related activities and excursions.

OPEN TO STUDENTS CURRENTLY IN GRADE 8, TRANSITIONING TO GWG NEXT YEAR.

INFORMATION SESSION:

- An information session for the 2027 Italy trip will be held **Monday, May 4th, at 6:30pm, in the GWG library.**
- If you are interested in participating in the trip, it is strongly recommended that you attend the information session
- Promotional pricing will be available to those who attend the meeting

If you have any questions regarding the trip to Italy, please contact:

 Tracy Morford
tracy_morford@sd33.bc.ca



CHILLIWACK **early years** committee

4TH ANNUAL CHILLIWACK

EARLY YEARS FAIR

TOWNSEND PARK

DISCOVER, CONNECT, PLAY!

FREE

- Music & Snacks
- Activities & Face Painting
- Community Resources

June 3rd | 9:30-12:30

Townsend Park
45130 Wolfe Rd.

Rainy Day Plan: The Landing Sports Centre



RSVP HERE

COME HIKE WITH US

EXPLORE CONNECT REMEMBER



INTERESTED IN HIKING & CONNECTING IN AN EXCITING WAY THIS SUMMER? JOIN THE FREE SUMMER GROUP FOR YOUTH AGES 12 - 18.

May 15 th - Hicks Lake Loop 10 - 2pm	July 20 th - Photo art workshop 10 - 2pm
May 29 th - Hit House 10 - 2pm	July 27 th - Moon Rock Trail 10 - 2pm
June 8 th - Pottery Class NLC 3 - 5pm	August 10 th - Community Forest 10 - 2pm
June 29 th - Seven Sisters Trail 10 - 2pm	August 17 th - Chadsey Lake Hike 10 - 2pm
July 6 th - Tea Pot Trail 10 - 2pm	August 24 th - Spirit Trail 10 - 2pm
July 13 th - Sandy Cove Trail 10 - 2pm	August 31 - Photo Art Event 10 - 2pm

CONTACT KOVENS@PCRS.CA TO REGISTER  **PCRS**



JUBA SOCCER ASSOCIATION
EST 2012

JUBA SOCCER ASSOCIATION

2026 SOCCER TRAINING SEASON

April 21st to July 16th 2026

Developing Players · Building Community · Inspiring Excellence

TRAINING PROGRAMS & FEES

 Grassroots (U6-U8) Fun, fundamentals, coordination. Love for the game	\$336
 U10 Program Technical foundation, ball mastery, teamwork	\$360
 U14 Program Skill development, tactical awareness, match play	\$384
 U16 Program Advanced technical & tactical training & fitness	\$408
 U18 Program High-performance training, competition readiness	\$432

REGISTER NOW!

 www.jubasoccer.com

⚽ Train · Grow · Compete · Succeed ⚽