



April 2026 Jason Kemp, Principal | Chris Falk, Vice Principal | Andrea Spedding, Vice Principal | <https://stitos.sd33.bc.ca>

Year – Yiolem / Season (Spring) – Temqw’iles (tem kwi less) / Month (Moon) – Temkwikwexel (tem kwee kwuh xul)  
Around April, the trees, earth, and sky come alive again. The rivers swell with snow melt; this is a sign when female sockeye salmon swim upstream to spawn in gravel beds where they lay thousands of eggs. Skwikwexel (skwee kwuh xul) – baby sockeye salmon.

## Message from the Admin Team...

We hope everyone enjoyed a restful and refreshing Spring Break. It has been wonderful welcoming students back to school and seeing the renewed energy they bring to our classrooms as we head into the final stretch of the school year.

Spring is always a busy and exciting time in our school. Our staff have been planning engaging learning experiences and activities that help students stay curious, active, and connected. We continue to remind students that consistently meeting our school expectations – showing respect, responsibility, and safe behaviour – helps build the trust needed to represent our school on off-campus learning experiences and special activities. Extracurricular programs are also back underway, giving students many opportunities to participate in athletics, clubs, and leadership activities that help build confidence and school spirit.

We are especially honoured to welcome Paul Lacerte, co-founder of the Moose Hide Campaign, to our school on April 14<sup>th</sup>. Paul will be spending time with our students and staff sharing important messages about respect, responsibility, and standing together to end violence against women and children. This will be a meaningful opportunity for our school community to learn, reflect, and continue building a culture rooted in kindness, safety, and respect for one another.

As we move through the spring months, we are also beginning to look ahead to next year. We are also beginning to plan for the transition of future Grade 6 students joining us from Stitó:s, Promontory, Yarrow, and Greendale. Transitions can be both exciting and a little uncertain, so we are committed to ensuring students and families feel welcomed, supported, and prepared for the next stage of their learning journey.

Thank you for your continued partnership and support. Together, we look forward to a wonderful spring filled with learning, connection, and memorable experiences for our students.

## Stitó:s Servery – Lunch Order Reminder

We’d like to remind students and families that our Stitó:s Servery is open for student lunches Monday to Friday!

Please remember that all lunch orders **must be pre-ordered by 9:00 am** with your child’s classroom teacher.

To help us ensure lunches are delivered smoothly and accurately, please:

- Write your child’s name, teacher, and/or division clearly on the order form.
- Place the order form and payment securely in a zip lock bag before sending it to school.

As a reminder, students will **no longer** be able to purchase items directly from the Servery before lunch or during break. **Only pre-ordered morning lunch orders will be available.**

Important Dates to Remember	
April 2 <sup>nd</sup>	Spirit Day – Wear Your Favourite Jersey
April 3 <sup>rd</sup>	Good Friday (Stat) – No School Today!
April 6 <sup>th</sup>	Easter Monday (Stat) – No School Today!
April 10 <sup>th</sup>	Class Photo Day
April 22 <sup>nd</sup>	Earth Day
April 24 <sup>th</sup>	Non Instructional Day – No School for Students!
May 4 <sup>th</sup> – 8 <sup>th</sup>	Mental Health Week
May 8 <sup>th</sup>	Terry Fox Day
May 15 <sup>th</sup>	Non Instructional Day – No School for Students!
May 18 <sup>th</sup>	Victoria Day (Stat Holiday)
May 22 <sup>nd</sup>	Family Gathering – ts’elxwelmexw qep
May 29 <sup>th</sup>	Assessment & Evaluation Day – No School for Students!

## Counsellors' Corner

### Wednesday, April 8<sup>th</sup> Youth and Parent/Caregiver Night:

Join us for this Family Session by Safe Schools Together on the topic of **Establishing Family Practices for Safeguarding Against Cyberbullying and Sextortion**. Recommended for Parents/Caregivers/Grandparents and youth aged ten and up, this session covers the global issue of bullying, as well as cyberbullying within the Canadian context. The presentation highlights warning signs for if someone is experiencing cyberbullying behaviours, and the steps to take if you are a victim of cyberbullying behaviours.

**Doors open at 6 pm and video session starts at 6:30 pm.**

Plan to come at 6pm and visit our community partner tables with giveaways, plus yummy treats for everyone!

Childcare available for ages 3+. **Door Prizes too!**

**April 10 Counsellors' Cafe:** We invite you to join Cathy and Marie, our school counsellors, on **April 10** (usually we meet the first Friday of every month, but we have rescheduled as April 3 is Good Friday) for a warm and welcoming coffee time from **8:30–9:15 am**. Each month will feature a short discussion topic and helpful information shared by our counsellors—plus coffee and treats to enjoy. This is a relaxed opportunity to connect, check in, and spend time with other parents and caregivers as well as our counselling team. Our April 10 Topic will be: **Coping with Anxiety and Depression**. We hope to see you there!

In case you missed our March topic: Supporting Mental Health at Home, you can access the resource video here:

[https://learn.openparachuteschools.com/parent/login?id=CA\\_jDPLUY6o&resource=WZtw3mAoS7LG7RjH34Znt](https://learn.openparachuteschools.com/parent/login?id=CA_jDPLUY6o&resource=WZtw3mAoS7LG7RjH34Znt)



A colorful advertisement for yearbook sales. The background is black with a white and yellow striped border. At the top right, it says "SERIOUSLY, DON'T MISS OUT!". The main text in a red box says "HEY! YEARBOOKS ARE ON SALE NOW". Below that, in a blue box, it says "ORDER THE YEARBOOK TODAY! LIKE, RIGHT NOW". To the right of the blue box, the price "\$36.00" is displayed in large yellow font. At the bottom left, it says "VARSITY YEARBOOK". At the bottom right, it says "Purchase online thru Student Quick Pay".

**FINAL DEADLINE TO PURCHASE: THURS. APR. 30th**

## Learning Commons April Newsletter Link

<https://app.smore.com/n/srep5>

## Moosehide Campaign Learning Day

Stitos will come together as a whole school to learn with Paul Lacerte, co-found of the Moosehide Campaign, and his family as we prepare for the official day of recognition on May 12<sup>th</sup>.



## Dancers of Damelahamid

In April, Stitó:s students will have the opportunity to experience

Indigenous culture through song, story, and dance from the Northwest Coast of British Columbia. The Dancers of Damelahamid formed in the 1960s out of an urgency to ensure that these artistic practices were preserved and

## Stitó:s PAC

*Did you know that you are a member of the PAC?* All parents are members of our PAC and encouraged to attend the PAC meeting. PAC meetings provide parents with information about our school, a chance to ask questions or raise concerns and a chance to become involved with our school. The next PAC meeting will be **Thursday, April 9<sup>th</sup> at 6:30 pm**.

## Starfish Program

Our school has a Starfish program which provides families in need with a few extra groceries each week. If you would like to know more about this program or would like to receive a Starfish Bag weekly (bag is sent home with students), please contact our counsellors [cathy\\_prebisch@sd33.bc.ca](mailto:cathy_prebisch@sd33.bc.ca) or [marie\\_amos@sd33.bc.ca](mailto:marie_amos@sd33.bc.ca).

## Fashion Friday

Attention Middle Schoolers – please go through your closets and bring in your gently used and clean clothes to donate to Fashion Friday! All Grade 6-8 students can go “shopping” for free clothing on April 10<sup>th</sup> at recess and lunch. Please us keep clothes out of the landfill and donate today!



**STITO:S PAC INVITES YOU TO**

**Establishing Family Practices for  
Safeguarding Against  
Cyberbullying and Sextortion**

This 1-hour session is brought to you by ERASE and is recommended for Parents/Caregivers/Grandparents AND youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community.

The presentation highlights warning signs for if someone is experiencing cyberbullying behaviours, and the steps to take if you are a victim of cyberbullying behaviours.

**Wed. April 8, 2026**

**6:15-7:30 pm**

This session brought to you by:

**erase** | EXPECT RESPECT & A SAFE EDUCATION

Doors open at 6:00

**Free Childcare for age 3+**

*Come early and stop by display tables and connect with reps from FamilySmart and PCRS.*

**Door Prizes & Yummy Snacks!**

